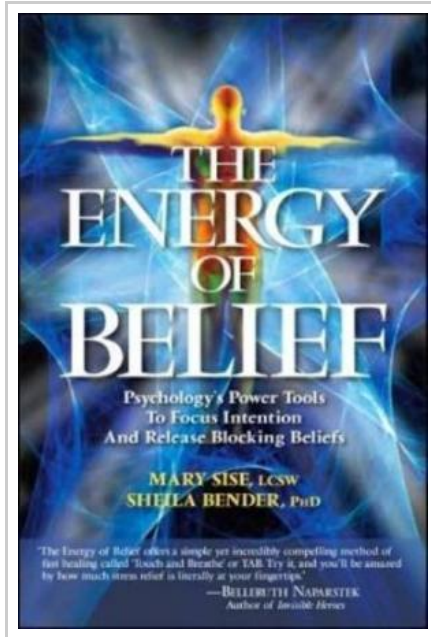




The Energy of Belief: Psychology's Power Tools to Focus Intention and Release Blocking Beliefs

By Sheila Sidney Bender, Mary Sise

Energy Psychology Press. Paperback. Book Condition: new. BRAND NEW, The Energy of Belief: Psychology's Power Tools to Focus Intention and Release Blocking Beliefs, Sheila Sidney Bender, Mary Sise, Sise and Bender lay out a series of simple exercises that allow people in distress to quickly feel major physical and psychological shifts by holding their bodies in certain ways while taking deep breaths. Their book is packed with real-life case histories of clients who were not helped by the forms of therapy, but for whom the authors' technique, energy-TAB, produced miraculous results.



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Reviews

This book is definitely worth buying. This really is for all who statte there had not been a worthy of studying. You will not sense monotony at at any moment of the time (that's what catalogs are for concerning should you check with me).

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A must buy book if you need to adding benefit. It can be rally exciting throgh reading time. I am pleased to let you know that this is the greatest publication we have read through during my very own life and may be he best publication for possibly.

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