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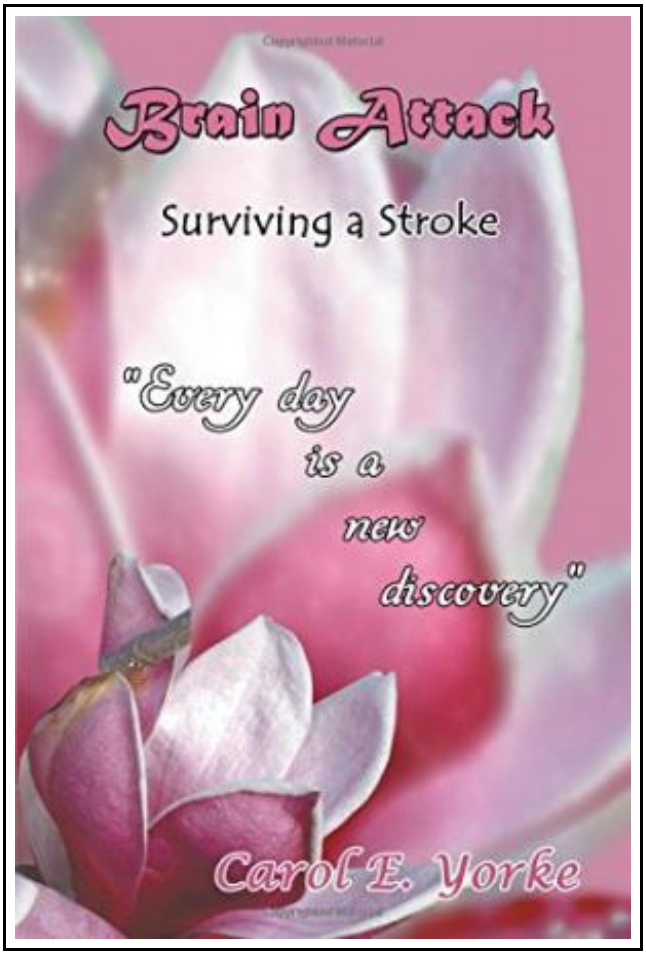

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LLC Strategic Book Publishing & Rights Agency Apr 2015, 2015. Taschenbuch. Book Condition: Neu. 229x152x3 mm. This item is printed on demand - Print on Demand Neuware - Fifteen million people worldwide suffer strokes each year. Five million die and another five million are permanently disabled. While recovering from a major stroke in 2009, the author, a successful certified public accountant, grew to understand how much her positive attitude helped her cope and ultimately accept the significant losses brought on by her stroke. Focusing on the positive effects of optimism in her own recovery, she shares the valuable techniques she uses to maintain her can-do attitude, so other stroke survivors can use them for their own journey of recovery. Carol E. Yorke wrote this book so others can better understand strokes and the potential devastation that they can wreak on so many lives. Focusing on the positive effects of optimism, the author shares what has helped her to survive and thrive. She truly believes 'every day is a new discovery.' Carol E. Yorke was born an Army brat in Georgia. Her childhood was spent moving every two to three years in the U.S. and overseas. 'My clarity of mind was diminished by my stroke, so I had to learn again how to use my computer and word processing software. I also did brain exercises daily to improve my brain's functioning, particularly my verbal skills. In addition, having lost the function of one hand by my stroke, the whole book has been typed with only one hand.' Her next book is titled A Stroke of Luck. Formerly a CPA, she is starting a new career helping people gain control of their finances. The author lives in an assisted living community with Lulu, her miniature dachshund mix, in San Jose, California. Publisher's...

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