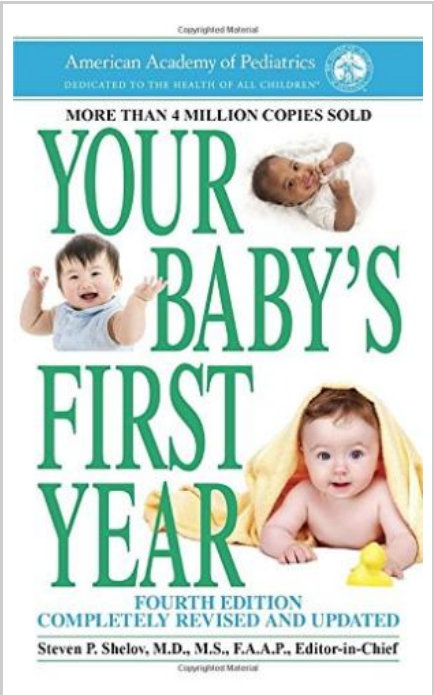

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Your Baby s First Year (Paperback)

By American Academy of Pediatrics

Bantam, United States, 2015. Paperback. Book Condition: New. 4th. 173 x 107 mm. Language: English . Brand New Book. The one guide pediatricians most recommend now completely revised and updated! From the American Academy of Pediatrics, the nation s most trusted name in child care, comes Your Baby s First Year, the definitive all-in-one resource that provides authoritative advice on every aspect of infant care. Featuring new and expanded content, including the latest reports on cutting-edge research into early brain development, the fully illustrated fourth edition of Your Baby s First Year includes Guidelines for prenatal care, with spotlights on maternal nutrition, exercise, and screening tests during pregnancy Growth and developmental milestones through the first twelve months of a child s life, including physical, emotional, and cognitive development An updated chapter on developmental disabilities A complete health encyclopedia covering injuries, illnesses, and congenital diseases Breastfeeding discussion, including its benefits, techniques, and challenges, as well as nutritional needs and vitamin/iron supplementation Recommendations for choosing child care programs Updated safety standards: the very latest AAP recommendations, including immunizations, childproofing, and toy safety Safety checks for home, including bathing, preventing drowning, poisoning, choking, burns, and falls Car safety, including information on car safety...

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